

# Presbytidings July / August 2022

## An outreach of St. Andrew Presbyterian Church

### Words from Your Pastor

**Pastor**

Rev. Roger Scott Powers

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In-person and Online

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In May I took a week of study leave with Susan to attend the Festival of Homiletics in Denver. Homiletics is the art of preparing sermons and preaching. The Festival of Homiletics is like summer camp for preachers, now in its 30th year. We spent the week hearing from outstanding preachers from diverse backgrounds, traditions, and ministry settings. We participated in passionate worship, dove deep into preaching master classes, and enjoyed fellowship with colleagues in ministry. For the first time this year, the Festival was organized as a hybrid event (in person and online), enabling thousands of people from across the country and around the world to participate.

The theme of this year's Festival was "*After the Storm: Preaching and Trauma.*" It was certainly an appropriate theme, given the current state of the world. Participants were weary after two years of pastoring congregations in a pandemic. The growing impact of climate change was also very much on people's minds. And the mass shootings at the Tops supermarket in Buffalo and the Taiwanese Presbyterian Church in California dominated the news, having taken place immediately before the Festival began.

Otis Moss III, pastor of Trinity United Church of Christ in Chicago, preached at the opening worship service and pointed out that "preachers are not trained to hold the Holy in one hand and horror in the other." And yet, in times like these, that is exactly what preachers are being called to do.

Many presenters sought to address this challenge in sermons and lectures with titles such as:

- Riding the Dragon: Preventing Secondary Stress in Ministry
- Out of the Depths: Preaching in the Wake of Mass Trauma
- "What the World Needs Now"—A Biblical Response to Communal Trauma
- Preaching in the Midst of Never-Ending Storms
- Fierce Love: Preaching for Trauma in Hot-Mess Times
- Hindsight Preaching When the Future is Uncertain

Others reflected on their process—how and why they go about crafting sermons each week. Lauren Winner, an Episcopal priest and assistant professor of spirituality at Duke Divinity School, said that her reason for preaching is so that people will "see the Scriptures loved in public." She wants to "help hearers know the Bible is more interesting than they think it is." Nadia Bolz-Weber, a Lutheran pastor and founder of House for All Sinners and Saints in Denver, reflected on her very personal, self-reflective style of preaching. She said that her parishioners would often say that they "liked hearing a pastor who was clearly preaching to herself and they were overhearing her." "If I didn't preach," Bolz-Weber said, "I wouldn't know who I am."

It was an inspiring and uplifting week. Susan and I both came away from the Festival renewed and refreshed.

Peace, Roger

**St. Andrew  
News / Events**

Words from  
Your Pastor

Nametags in Worship

While Pastor  
Roger is Away

Habitat for Humanity

St. Andrew-  
at ABQ Pride

Health Ministry

Climate Crisis  
Committee

Historical Jesus Group

Congregational  
Musings

CPR /AED Training

GBES  
Shine Partnership  
News

Session Summary

Birthdays

Lectionary

July Calendar  
August Calendar

## 3 Good Reasons to Wear Your Name Tag in Worship

The Outreach Committee encourages church members and friends to wear their name tags in worship.

*Here are three reasons why:*

We want to be welcoming to visitors.

We want to build relationships with new members.

We sometimes need help remembering names.

## While Pastor Roger is away . . .

Pastor Roger will be on vacation June 20 – July 11, spending time with family and friends in Maine. In his absence, Rev. Catherine Robinson will be preaching on June 26 while Rev. Esther Irish recovers from COVID-19, and Catherine will also be preaching on July 3 and 10. Catherine will also be on call in the event of a pastoral care emergency.

## Habitat for Humanity ABQ

The Habitat Repair Program could use some help—especially in July! The repair days are only 4 hours long from 8:00 a.m. to 12:00 p.m. Volunteers age 14 and older are welcome to work, and all work is outside. Saturday dates available are July 2nd, 9th, 16th, 23rd & 30th. Days are also available on Tuesdays, Wednesdays, Thursdays and Fridays in July if a weekday is more convenient. Habitat furnishes the tools that are needed.

If you can help, contact Marilyn Stoops ☺

We'll figure out the best date as we get volunteers!

**Volunteers  
needed!**

## St. Andrew Celebrates ABQ Pride

Many thanks to the Outreach Committee (Hubert Hill, Elmer Jackson, and Marie StClaire) for coordinating St. Andrew's participation in this year's ABQ Pride Celebration. About 18 of us braved the heat to walk in the ABQ Pride Parade on Saturday morning, June 11. Our contingent included four members of the New Mexico Peace Choir, four of the Dillows' granddaughters (one on rollerblades), and a very friendly dog in a rainbow-colored tutu. We also had a booth at the PrideFest on Friday evening and Saturday afternoon. It was a wonderful opportunity to celebrate the LGBTQIA+ community with church members, friends, and family members, and to witness to the radically welcoming love of Jesus Christ for all of God's children. Thanks to everyone who participated!



# Health Ministry

## Heart Valve Disorders

*HEALTH MINISTRY – JULY 2022*

The heart is the center of your circulatory system and consists of 4 chambers. The two upper chambers (atria) receive blood and the two lower chambers (ventricles) pump blood. Heart valves open and close to let blood flow in only one direction through your heart. Blood returns to the heart from the body via the vena cava into the right atria, and then is pumped through the tricuspid valve into the right ventricle. From there it is sent to the lungs for oxygenation, to eventually be carried back to all parts of your body, and returned from the lungs to the heart into the left atria. The mitral valve lies between the two chambers on the left side of your heart and opens when blood flows from the left atrium to the left ventricle, where it is then pumped through the aortic valve to the aorta for the trip back through the body. A defective heart valve is one that fails to either open or close fully, causing stress on the heart muscle.

Mitral valve stenosis is not as common as it once was because the most common cause, rheumatic fever, is rare in the United States. Many patients, however, do not recall having had the disorder but they may have before the age of antibiotics for strep infections. This does remain a problem in developing nations. Risks for mitral valve stenosis include untreated strep infections, a history of rheumatic fever and age. As you age, calcium deposits can build up around the mitral valve, which may lead to stenosis. Abnormal heart murmurs are usually related to defective heart valves and, similarly, are caused by valve calcification, strep infections or endocarditis (an infection of the heart muscle).

Symptoms usually progress slowly over time and may include: shortness of breath, especially with activity or when you lie down, fatigue, swollen feet or legs, sensation of fluttering heartbeat, chest discomfort, dizziness, heart murmur and fluid buildup in the lungs. Mildly symptomatic patients usually respond to diuretics for removal of fluid buildup, and valve replacement is confined to patients with severe changes.

In aortic valve stenosis, the valve between the lower left chamber (left ventricle) and the aorta does not open completely or is narrowed. The heart must then work harder to pump enough blood into the aorta and to the rest of your body. The extra work may cause the ventricle to thicken and enlarge and may lead to heart failure. The risk factors of aortic valve stenosis include: older age, congenital heart disease, strep infections, cardiovascular risk factors such as diabetes, high cholesterol, or chronic kidney disease. Prevention actions include taking antibiotics for strep infections, keeping weight, blood pressure, and cholesterol levels under control, and taking care of teeth and gums.

Needless to say, you should be under the care of a cardiologist for any of these recurrent symptoms and have an electrocardiogram and echocardiogram done regularly.

Resources: Merck Manual, Mayo Clinic, Rochester, Minnesota  
Submitted by Edith Waugh-Feliciano RN, CRRN



# Climate Crisis Committee

## Climate Crisis Report

### *Megadrought in Southwest Is the Worst in 1200 Years!*

The drought that has enveloped southwestern North America for the past 22 years is the region’s driest megadrought—defined as a drought lasting two decades or longer—since at least the year 800, according to a new study in the journal *Nature Climate Change*. The University of California Los Angeles geographer Park Williams, the study’s lead author, said with dry conditions likely to persist, it would take multiple wet years to remediate the effects. The study was coauthored by Jason Smerdon and Benjamin Cook of the Columbia Climate School.

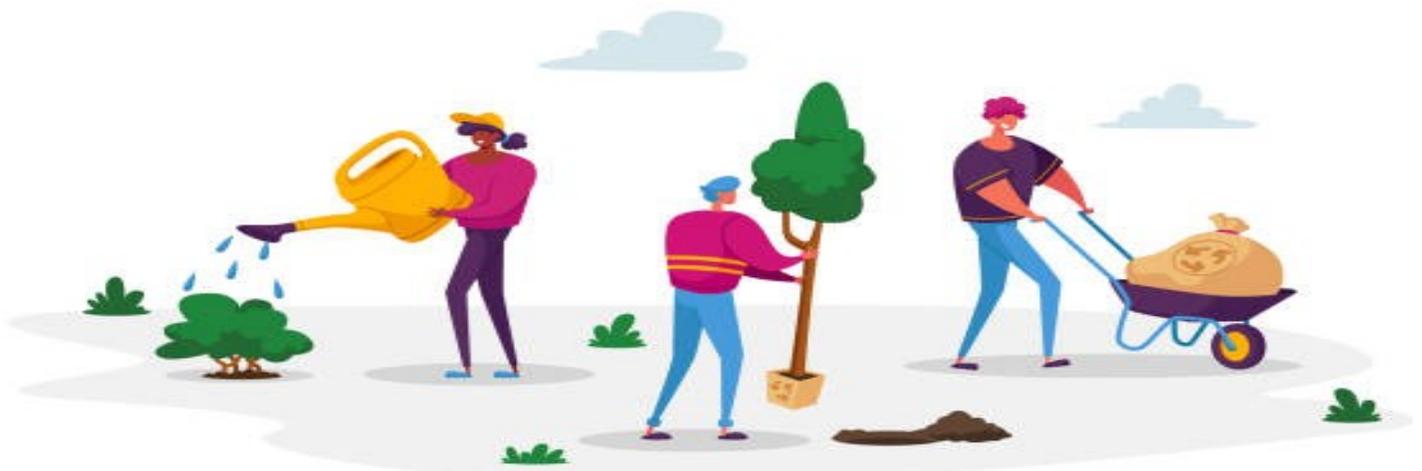
The researchers calculated the intensity of droughts by analyzing tree rings, which provide insights about soil moisture levels each year over long time spans. Since 2000, the average soil moisture deficit was twice as severe as any drought of the 1900s, and greater than it was during even the driest parts of the most severe megadroughts of the past 12 centuries, say the authors.

Studying the area from southern Montana to northern Mexico, and from the Pacific Ocean to the Rocky Mountains, the researchers discovered that megadroughts occurred repeatedly in the region from 800 to 1600. Williams said the finding indicates that dramatic shifts in water availability happened in the Southwest well before the effects of human-caused climate change became apparent in the 20th century. Human-caused climate change is responsible for about 42 percent of the soil moisture deficit since 2000, the paper found.

One main reason climate change is causing more severe droughts is that warmer temperatures are increasing evaporation, which dries out soil and vegetation. From 2000 to 2021, temperatures in the region were 0.91 degrees Celsius (1.64 degrees Fahrenheit) higher than the average from 1950 to 1999. “Without climate change, the past 22 years would have probably still been the driest period in 300 years,” Williams said. “But it wouldn’t be holding a candle to the megadroughts of the 1500s, 1200s or 1100s.” In the summer of 2021, according to the U.S. Bureau of Reclamation, two of the largest reservoirs in North America – Lake Mead and Lake Powell, both on the Colorado River– reached their lowest recorded levels since tracking began.

Regulators have continued to implement water conservation measures in response to water shortages caused by the drought. Williams said such initiatives will help in the short term, but conservation efforts will have to extend beyond times of drought to help ensure people have the water they need as climate change continues to intensify dry conditions.

– *Adapted from a press release by UCLA.*



## Historical Jesus Group

The Historical Jesus Group will be reading together *Sacred Earth, Sacred Soul*, by John Philip Newell through July 14. The author shares the long, hidden tradition of Celtic Christianity, explaining how this earth-based spirituality can help us rediscover the natural rhythms of life and deepen our spiritual connection with God, with each other, and with the earth. Newell introduces some of Celtic Christianity's leading practitioners, both saints and pioneers of faith, whose timeless wisdom is more necessary than ever, including: Pelagius, Brigid of Kildare, John Muir, and Teilhard de Chardin. Please contact Richard Stoops for more information.

**Here is the new Zoom link for 2022:**

<https://us02web.zoom.us/j/85866647913?d=ZmFUV2hiV25MZzFreU14TkluVFIOU09>

## Congregational Musings

The next deadline for Presbytidings is always far ahead of where I am "now" that many of my musings are out-dated before I even begin, or you begin, to read. I will proceed anyway; the church looked very nice on Pentecost Sunday. My appreciation to the Worship Committee. Roger, Catherine and all the committees are doing a fine job under the duress of worldly pressures, like COVID, and the smaller gathering on Sundays and some inactive members.

Along those lines, Covid is still with us, as the growing numbers show, so please review and remember all the COVID-19 precautions Bernalillo County **is now on high alert**, and wearing masks is recommended for all indoor gatherings, but is not yet mandatory. Wearing your mask is a visible sign that you are concerned for yourself, for your family, and for taking care of each other. St. Andrew is, in a loving way, asking that masks be worn during Sunday services and group gatherings; better safe than sorry, as the saying goes. Health issues of the elderly, and we are an elderly congregation, are often more difficult to resolve and cope with than in someone younger.

My neighbors are very good to me. The daughter brings my newspaper to my front door so I don't have to walk out to the curb, or wherever it lands, and the grandson takes my trash and recycle barrels out to the curb and then brings them to their place in the backyard every week. They are from Laguna Pueblo but have always lived in town and are thankful of my reminder of the Laguna Colony gathering that meets at St Andrew once a month. They had been out of touch with that group and hope to get back into the fold.

The Prayer Shawl Ministry may be coming-to-an end because of the cost of yarn. Like everything else, the price has increased on the Lion brand homespun yarn that has been used for most of the shawls. When I get out-and-about more I will research other materials. I will have to go to the store and feel the yarn to be sure it is suitable. Now over \$9.00 a skein puts the cost of a shawl at near \$30.00, which is double what it was when we first started. That was in the spring of 2007!!

Take care and keep well, my friends. Stay home; it saves a lot of gas!

– Edith Waugh-Feliciano

## CPR and Automatic External Defibrillator Training at St. Andrew on Sunday afternoon, August 21

Have you ever wanted to be trained to save the life of your husband, wife or other loved one with cardio-pulmonary resuscitation (CPR) or St. Andrew's Automatic External Defibrillator (AED)? Well, this is your chance! St. Andrew will be hosting a 1-hour hands-only CPR and AED training course at 3:00 pm on Sunday, August 21 at the church.

The course will be taught by Lt. Col. Bruce Hosea, who is a veteran with 29 years of service in the US Air Force and is a graduate of the Air Force Academy. Bruce is an EMT instructor also has training as an emergency medical technician and has taught many previous training courses like ours.

The course will involve hands-on CPR training with Resusci-Annie mannequins and with our AED. Bruce, who is teaching the course, is 73 years old. If Bruce can teach the course at his age, you can learn these life-saving techniques at your age. Chairs and kneeling pads will be available. The course is free but we need you to sign up in advance since space is limited. Come, learn how to save a life.

Contact Joe Woodworth at (505) 980-8987 or LKWOODW@aol.com to sign up and for more information.

## News from the SHINE Partnership

WHEW! What a busy year it's been! Since the beginning of the 2021-22 School Year, St. Andrew volunteers have supported Governor Bent's staff, students and families in a variety of ways. Through your in-kind and cash donations we provided:

- Thanksgiving dinner for 20 families;
- Christmas gifts for 15 children;
- Over \$500.00 of sweatpants, socks and underwear for the children;
- Expressed our appreciation of the teachers and staff by putting cookies, sodas and fruit in the Staff Lounge;
- Purchased a combination lock for each graduating 5th grader to take to middle school;
- Made posters to encourage and cheered on the graduating 5th graders in their Drive Thru Graduation.

Now we're making plans for the upcoming 2022-23 school year and we've been informed that it is likely that St. Andrew volunteers will be allowed on campus to work with students.. These volunteer opportunities include part-time in-class educational assistant; tutoring, after-school clubs or activities; passing out food bags on Friday afternoons; or, being a Morning Greeter (like a Walmart greeter!) as the students arrive at school. APS Policy requires that anyone who will be working with or around children to apply for volunteer clearance at the APS website. There are two categories of volunteers who receive differing levels of background check clearances and badging unsupervised School Volunteers with unsupervised access to students or Supervised Volunteers whose access to students must always have line of sight supervision by an APS staff member who is not Food and Nutrition. Both types of volunteers require clearance and background checks and the application process is slightly different for each.

If you are interested or have questions about any of these volunteer opportunities, please contact either Patty Emord or Sharon Prewitt as soon as possible so that we may ensure you receive your clearance as quickly as possible!

### Session Summary

We had a wonderful summer meeting with Rev. Catherine Robinson as our moderator substituting for Pastor Roger who is on vacation. We approved several motions:

- Session wants to acknowledge that at St. Andrew, we value all the hard work the people in the church's committees do. As a Matthew 25 church, we particularly value the advocacy work members in the Social Justice/Mission committee do to improve justice and social welfare in our state, nation, and world.
- Session wants to recognize that St. Andrew has always encouraged members to write and advocate as individual members of St. Andrew for any cause they feel supports our Matthew 25 teachings.
- We approved three building uses: July 16 or July 30 Sylvia Gonzales' baby shower, which we requested be moved from July 23 due to Velma McConnell's memorial service; September 17 for a joint St. Andrew Scottish Society and Irish Society function; and October 15 for a New Mexico Music Teachers Association piano auditions and recital.
- With all these building uses, we need to review our cleaning deposit requirements so Suzanne Busch will chair a committee with Brenda Stickler, Mark Brasington and others to review this policy.
- The Session approved the Nominating Committee to elect an additional Elder at Large to replace the Children Youth and Families Elder which has not been able to be filed. This will meet our requirement of 10 Elders.
- The Session approved forming a committee Chaired by Ruben Martinez to explore possible Policies and Procedures needed related to Church Safety as recommended by the Presbytery. Ruben requests that if you are interested to please contact him.

*Thanks to all of you for your continued support of St. Andrew's Missions and Programs through online giving and mailed-in offerings.*

<u>April 2022</u>	Current Month	Year-to-Date	Budget
Total Income	34,913	165,846	318,000
Total Expenses	32,863	109,898	329,427
Difference	2,050	55,948	-11,427

<u>May 2022</u>	Current Month	Year-to-Date	Budget
Total Income	25,852	191,699	318,000
Total Expenses	24,784	134,682	329,427
Difference	1,068	57,017	-11,427



## Lectionary Schedule

### July Lectionary

#### Sunday, July 3

(Proper 9)  
Kings 5:1-14 P  
Psalm 30  
Galatians 6:[1-6] 7-16  
Luke 10:1-11, 16-20

#### Sunday, July 10

(Proper 10)  
Amos 7:7-17  
Psalm 82  
Colossians 1:1-14  
Luke 10:25-37

#### Sunday, July 17

(Proper 11)  
Amos 8:1-12  
Psalm 52  
Colossians 1:15-28  
Luke 10:38-42

#### Sunday, July 24

(Proper 12)  
Hosea 1:2-10  
Psalm 85  
Colossians 2:6-15 [16-19]  
Luke 11:1-13

#### Sunday, July 31

(Proper 13)  
Hosea 11:1-11  
Psalm 107:1-9,43  
Colossians 3:1-11  
Luke 12:13-21

## St. Andrew Presbyterian Church

### Vision Statement:

Building a community of faith  
unleashed into the world by the  
love of God.

### Mission Statement:

Proclaiming and living the Good News  
of Jesus Christ by:

- Listening to a loving God
- Celebrating our faith together
- Nurturing each other in Christian love and spiritual growth
- Working for social justice and peace
- Reaching out in compassionate service
- Being stewards of all God's gifts

### August Lectionary

#### Sunday, August 7

(Proper 14)  
Isaiah 1:1, 10-20  
Psalm 50:1-8,22-23  
Hebrews 11:1-3, 8-16  
Luke 12:32-40

#### Sunday, August 14

(Proper 15)  
Isaiah 5:1-7  
Psalm 80:1-2,8-19  
Hebrews 11:29-12:15  
Luke 12:49-56

#### Sunday, August 21

(Proper 16)  
Jeremiah 1:4-10  
Psalm 71:1-6  
Hebrews 12:18-29  
Luke 13:10-17

#### Sunday, August 28

(Proper 17)  
Jeremiah 2:4-13  
Psalm 81:1, 10-16  
Hebrews 13:1-8, 15-16  
Luke 14:1, 7-14



## BIRTHDAYS THIS MONTH

### July Birthdays

2 Shirley Walford  
3 Ramesh Shrestha  
5 Gregory Bartlett  
6 Roy Stogner, Cailin Nolte  
7 Laura Encino  
9 Linda Woodworth  
13 Rogene Henderson  
15 Carl Sanfilipo  
16 Erin Gaylor-Bell  
18 Sharon Craig  
19 Joe Woodworth  
22 Beverly Wright  
24 Ken Lersten  
25 Jean Witherspoon,  
Becca Wesselman  
26 Margo Eichwald  
29 Bill Aber

### August Birthdays

4 C.C. Sandoval  
5 Julie Steck  
9 Sally Aber  
10 John Daley, Therese Smith  
11 Mary Whitcomb  
13 Rod Kirchmeyer, Marta Light  
14 David McArthur  
16 Jean Soderberg  
18 Marcos Griego  
19 Alice Wimberly  
20 Bennie James Montoya  
25 Paula Cuevas, Jake Spidle  
Deanna Vick, Chuck Evans  
27 Amy Gorman  
29 James Wise  
31 Christine Sierra

### Church Office Vacation

Mark will be out of the office  
on vacation beginning **Saturday  
August 6 through Monday  
August 15**. The church office will  
be closed during that time, and  
will reopen on Tuesday, August  
16 at 9:00 am.



# JULY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Pastor Roger continues his vacation through July 11.				1  5:30-7:30 pm Girl Scouts	2
3 9:30 am Worship Service and Holy Communion 10:30 am Fellowship Time 3-5 pm Encantada Band of Enchantment	4 <b>Fourth of July Holiday</b>	5 Weekly Announcements Due  4:00 pm Zoom Conversation on Racial Justice-	6  6:00-8:30 pm NM Peace Choir Rehearsal	7  10:00 am Spiritual Formation- on Zoom	8  7:00-10:00 pm Science Fiction Society	9  10:00 am-Noon Laguna Colony
10 9:30 am Worship Service 10:30 am Fellowship Time 3-5 pm Encantada Band of Enchantment	11	12 Weekly Announcements Due  4:00 pm Zoom. Conversation on Racial Justice	13  6:00-8:30 pm NM Peace Choir Rehearsal	14  10:00 am- Historical Jesus Group on Zoom	15  5:30-7:30 pm. Girl Scouts	16
17 9:30 am Worship Service 10:30 am Fellowship Time 3-5 pm Encantada Band of Enchantment	18	19 Weekly Announcements Due 4:00 pm Zoom Conversation On Racial Justice	20  6:00-8:30 pm NM Peace Choir Rehearsal	21	22	23  2:00 pm Velma McConnell Memorial Service
24 9:30 am Worship Service 10:30 am Fellowship Time 3-5 pm Encantada Band of Enchantment	25	26 Weekly Announcements Due  4:00 pm Zoom Conversation on Racial Justice	27  6:00-8:30 pm NM Peace Choir Rehearsal	28  10:00 am Historical Jesus Group on Zoom	29	30
31 9:30 am Worship Service 10:30 am Fellowship Time 3-5 pm Encantada Band of Enchantment				Mark will be out of the office on vacation Saturday August 6 through Monday August 15		

# AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Mark will be out of the office on vacation Saturday August 6 through Monday August 15	<b>2</b> 4:00 pm Zoom. Conversation on Racial Justice	<b>3</b> 6:00-8:30 pm NM Peace Choir Rehearsal	<b>4</b> 10:00 am- Spiritual Formation-Zoom 10 am Esther Griego Community Ministry Group 5:00 pm Worship/Music Committee	<b>5</b> 5:30-7:30 pm Girl Scouts	<b>6</b>
<b>7</b> 9:30 am Worship Service and Holy Communion 10:30 am Fellowship Time 3-5 pm Encantada Band of Enchantment	<b>8</b>	<b>9</b> Weekly Announcements Due 4:00 pm Zoom Conversation on Racial Justice-	<b>10</b> 4:00 pm Deacons Meeting 5:15 Social Justice Mission 6:00-8:30 pm NM Peace Choir Rehearsal	<b>11</b> 8:30 am Finance Committee Meeting on Zoom 10:00 am Historical Jesus Group on Zoom	<b>12</b> 7:00-10:00 pm Science Fiction Society	<b>13</b> 10:00 am-Noon Laguna Colony
<b>14</b> 9:30 am Worship Service 10:30 am Fellowship Time 3-5 pm Encantada Band of Enchantment	<b>15</b>	<b>16</b> Weekly Announcements Due 4:00 pm Zoom. Conversation on Racial Justice 6:00 pm Session	<b>17</b> 6:00-8:30 pm NM Peace Choir Rehearsal	<b>18</b> 10:00 am- Spiritual Formation-Zoom	<b>19</b> 5:30-7:30 pm. Girl Scouts 7 pm Science Fiction Society Planning Mtg Adult CE Room	<b>20</b>
<b>21</b> 9:30 am Worship Service 10:30 am Fellowship Time 3:00 pm C CPR /AED Training 3-5 pm Encantada Band of Enchantment	<b>22</b>	<b>23</b> Weekly Announcements Due 4:00 pm Zoom Conversation On Racial Justice	<b>24</b> 1:00 pm Outreach Committee 6:00-8:30 pm NM Peace Choir Rehearsal	<b>25</b> 10:00 am Historical Jesus Group on Zoom	<b>26</b>	<b>27</b>
<b>28</b> 9:30 am Worship Service 10:30 am Fellowship Time 3-5 pm Encantada Band of Enchantment	<b>29</b>	<b>30</b> Weekly Announcements Due 4:00 pm Zoom Conversation on Racial Justice	<b>31</b> 6:00-8:30 pm NM Peace Choir Rehearsal			